## Claims:

- 1. A cyclohexyl based Rigid Ring Amino Acid with an Effective Methylene Length greater than 5 and less than 27 and a Carbon Number greater than 10 and less than 34.
- 2. A cyclohexyl based Hindered Rigid Ring Amino Acid with an Effective Methylene Length greater than 4 and less than 27 and a Carbon Number greater than 9 and less than 34.
- 3. A polyamide comprising at least one monomer selected from the group consisting of Rigid Ring Amino Acids with an Effective Methylene Length greater than 5 and less than 27 and a Carbon Number greater than 11 and less than 34.
- 4. The polyamide of claim 3 wherein at least one Rigid Ring Amino Acid has an Effective Methylene Length greater than 8 and less than 18.
- 5. The polyamide of Claim 4 further including at least one cyclohexyl based Rigid Ring Amino Acid having an Effective Methylene Length greater than 8 and less than 18.
- 6. The polyamide of Claim 4 further including at least one Hindered Rigid Ring Amino Acid.
- 7. The polyamide of Claim 4 further including at least one second monomer selected from the group consisting of 6-aminohexanoic acid, 7-aminoheptanoic acid, 8-aminooctanoic acid, 9-aminononoic acid, 10-aminodecanoic acid, 11-aminoundecanoic acid and 12-aminododecanoic acid.

- 8. The polyamide of Claim 5 further including at least one Asymmetric Rigid Ring Amino Acid Pair.
- 9. The polyamide of claim 8 wherein each of at least one Asymmetric Rigid Ring Amino Acid Pair have the same Effective Methylene Length.
- 10. The polyamide of Claim 9 wherein at least one Asymmetric Rigid Ring Amino Acid Pair consists of Hindered Rigid Ring Amino Acids.
- 11. The polyamide of claim 7 further including 11-aminoundecanoic acid.
- 12. The polyamide of claim 8 further including 11-aminoundecanoic acid.
- 13. The polyamide of claim 7 further including 12-aminododecanoic acid.
- 14. The polyamide of claim 8 further including 12-aminododecanoic acid.
- 15. A polyamide comprising at least one monomer selected from the group consisting of cyclohexyl based Hindered Rigid Ring Amino Acids with an Effective Methylene Length greater than 4 and less than 18.
- 16. The polyamide of claim 15 further including 6-aminohexanoic acid

- 17. The polyamide of claim 16 wherein at least one cyclohexyl based Hindered Rigid Ring Amino Acid has an Effective Methylene Length of 5.
- 18. The polyamide of claim 17 further including at least one Asymmetric Rigid Ring Amino Acid Pair each of which has an Effective Methylene Length of 5.
- 19. The polyamide of claim 17 further including at least one cyclohexyl based Rigid Ring Amino Acid with an Effective Methylene Length of 12.